

THE CAFÉ

AT *Central Market*

- BURGERS -

served with traditional or sweet potato fries

MARKET BURGER \$7.50

Fresh ground beef from our Meat Market, lettuce, tomato, pickles and onions
Add avocado \$1.00
Additional toppings 50¢

JALAPENO JACK BURGER \$8.50

Pepper jack cheese, jalapeños & chipotle mayo

MUSHROOM & SWISS \$8.50

Swiss cheese & sautéed mushrooms

SPICY THAI CHICKEN BURGER \$8.00

Wasabi soy sauce, red onions and Asian slaw.
Served on a whole wheat bun

VEGGIE BURGER \$7.50

Grilled veggie burger with salsa pesto, sprouts & fresh avocado served on a whole wheat bun

SALMON BURGER \$9.00

Miso glazed grilled salmon with seaweed salad and wasabi avocado spread on a brioche bun

- ARTISAN PIZZAS -

all pizzas are 10" - choice of regular or multigrain crust

WHITE PIZZA \$9.00

Asiago cream, quattro formaggio, smoked mozzarella, pecorino romano & roasted garlic oil served on multigrain dough

ITALIAN B.L.T. PIZZA \$10.00

Prosciutto, arugula, oven-dried tomatoes & asiago cream sauce

ARTICHOKE, OLIVE & MUSHROOM PIZZA \$10.00

Basil pesto, artichoke hearts, roasted mushrooms & feta cheese

- BUILD YOUR OWN -

all pizzas are 10" - choice of regular or multigrain crust

TRADITIONAL CHEESE \$8.00

TOPPINGS 75¢ ea.

Pepperoni, Italian sausage, grilled chicken, roasted garlic, olives, mushrooms, roasted red pepper, red onion, grilled vegetables, extra cheese, jalapeños, tomatoes, spinach, feta cheese, avocado, artichokes, anchovies

PREMIUM TOPPINGS \$1.50 ea.

Prosciutto, goat cheese

- BOWLS -

ASIAN BOWLS \$8.50

Tossed with fresh Asian vegetables & a cilantro basil herb mix

- Choose chicken, beef, tofu, salmon or shrimp
- Choose jasmine rice or brown rice
- Choose soy sauce or black bean sauce

PASTA BOWLS \$8.50

Tossed with asparagus, roasted tomatoes, roasted yellow peppers & roasted garlic

- Choose chicken, meatballs, tofu, salmon or shrimp
- Choose penne or whole wheat spaghetti
- Choose pesto, alfredo, marinara or garlic oil

SPAGHETTI & MEATBALLS \$8.00

Imported pasta, traditional style meatballs & pomodoro sauce

- WELLNESS -

GRILLED TILAPIA SALAD \$10.00

Grilled tilapia, grilled asparagus, red onion, avocado, grape tomatoes, basil & oregano on a bed of field greens & bibb lettuce.

GRILLED CHICKEN BREAST \$10.00

Herb marinated chicken, grilled vegetables & jasmine rice

ADD-ONS

GRILLED CHICKEN
with an entrée \$2
without an entrée \$4

GRILLED SALMON
with an entrée \$4
without an entrée \$6

- SOUPS & SALADS -

TORTILLA SOUP \$5/bowl \$4/cup
Rich broth based soup loaded with chicken, avocado, cheese and tortilla strips

SOUP of the DAY \$5/bowl \$4/cup
Always made from scratch

CLASSIC COBB SALAD \$9.00
Romaine, chicken, blue cheese, bacon, avocado, Kalamata olives, eggs, onions, tomatoes & ranch dressing

ASIAN SALMON SALAD \$11.00
Grilled salmon, field greens, daikon radish, carrots, mangos, cucumbers, mint & wasabi peas with an orange sesame vinaigrette

SALMON NIÇIOSE SALAD \$11.00
Grilled salmon, field greens, green beans, hard-boiled egg, potatoes, olives, tomatoes & onions with a mustard vinaigrette

CHAR SUI CHICKEN SALAD \$10.00
Chinese BBQ chicken, cabbage, bean sprouts, carrots, daikon radish, toasted almonds, fried wontons, black sesame seeds & spicy honey dressing

STEAK SALAD \$10.00
Flank steak, romaine, tomatoes, hard-boiled eggs, bacon, blue cheese, tobacco onions with a warm roasted shallot vinaigrette

WEDGE SALAD \$8.00
Crisp iceberg lettuce, cherry tomatoes, apple wood smoked bacon, hard-boiled eggs & red onions with a blue cheese dressings

MEDITERRANEAN SALAD \$8.00
Romaine, dolmas, Kalamata olives, feta cheese, roasted red peppers, tomatoes, hummus, mint & basil with a creamy feta oregano dressing

SOUP & SALAD COMBO \$8.00
Your choice of soup with a classic Caesar or garden salad

- SANDWICHES & WRAPS -

served with traditional or sweet potato fries

ASIAN CHICKEN WRAP \$7.00
Char sui chicken, fried wontons & toasted almonds with a spicy honey-sesame dressing wrapped in a flour tortilla

BUFFALO CHICKEN WRAP \$7.00
Hand battered chicken strips tossed in a buffalo wing sauce, lettuce, tomato & onion wrapped in a flour tortilla with ranch dressing

BEEF SHAWARMA \$8.00
Thin sliced beef marinated in a Greek yogurt sauce grilled tomatoes & pickled onions on warm pita bread with a yogurt tahini dip

TANDOORI CHICKEN \$8.00
Tandoori spiced chicken breast, mango chutney, cucumbers, onions & spinach raita on grilled Naan bread

TURKEY FONTINA PANINI \$8.00
Turkey, Fontina cheese, roasted red peppers, arugula & basil pesto on panini bread

ROASTED TURKEY CLUB \$8.00
Turkey, apple wood smoked bacon, tomatoes, avocado, lettuce & mayo on honey whole wheat

GRILLED CHICKEN BREAST \$8.00
Chicken, chipotle aioli, avocado, jack cheese, lettuce, tomato & onion on a whole wheat bun

GRILLED CUBAN PRESS \$7.00
Roasted Berkshire porkloin, ham, Genoa salami, Swiss cheese, mustard & pickles on panini bread

HALF SANDWICH COMBO \$9.00
Your choice of soup or salad and choice of sandwich

- KIDS MENU -

children 12 and under only please

CHICKEN TENDERS \$4.00
with fries or fruit

BURGER \$4.00
with fries or fruit

GRILLED CHEESE SANDWICH \$4.00
with fries or fruit

MAC & CHEESE \$4.00

SPAGHETTI & MEATBALLS \$4.00

- SIDES -

TRADITIONAL SIDES \$3
Side house salad *\$1.99 with an entrée
Side Caesar salad *\$1.99 with an entrée
Side Soup *\$1.99 with an entrée
Steamed or grilled vegetables
Garlic mashed potatoes
Jasmine rice
Brown rice
French fries
Sweet potato fries
Fresh fruit

PREMIUM SIDES \$4
Asparagus

THE CAFÉ

AT *Central Market*

- BREAKFAST -

monday - friday 7-10:30 am • saturday & sunday 7-11 am

GOOD MORNING SMOOTHIE \$5.00

Fresh squeezed OJ, CM Organics apple juice, yogurt, strawberries, egg white protein & ground flax

STEEL CUT OATMEAL \$4.50

Organic Red Mills oatmeal with fresh berries & organic Vermont maple syrup

FRESH FRUIT PLATE \$3.95

Seasonal fruit with yogurt

ORGANIC YOGURT \$4.00

Fresh berries & organic granola (*may contain nuts)

POWER BREAKFAST \$4.50

One hard-boiled egg, whole wheat bagel, 2 oz. peanut butter, & a half banana

ALL AMERICAN BREAKFAST \$5.95

Two eggs, cooked to order, breakfast potatoes, choice of bacon/ham/sausage, choice of toast or a biscuit

BUILD YOUR OWN OMELET \$5.95

A three egg omelet with cheese and your choice of two items: bacon/ham/sausage/onions/mushrooms/tomatoes/bell peppers/jalapeños, and served with wheat toast

*Additional items 50¢

*Egg whites available upon request \$1.00

SOUTH AUSTIN MIGAS \$5.50

Scrambled eggs, corn tortillas, tomatillo sauce & monterey jack cheese with breakfast potatoes

CHALLAH FRENCH TOAST \$7.00

Thick slices of challah dipped in vanilla custard and pan-seared in butter with fresh berries & Vermont maple syrup

HALF ORDER \$3.95

BELGIAN-STYLE WAFFLES \$8.00

Choose three toppings: strawberries, peaches, chocolate chips, whipped cream, syrup or whipped butter

HALF ORDER (1) \$5.50

BISCUIT SANDWICH \$5.00

Scrambled eggs, ham & cheese atop a warm biscuit and served with breakfast potatoes

BISCUITS & SAUSAGE GRAVY \$4.50

HALF ORDER \$2.75

BREAKFAST TACO \$2.75

Choice of tortilla: flour/wheat/corn

Choose 3 items: eggs/cheese/potatoes/refried beans/sausage/bacon/chorizo

Add avocado 50¢

- SIDES -

APPLE WOOD SMOKED BACON \$2.50

BREAKFAST SAUSAGE PATTIES \$2.50

HAM \$2.50

EGGS (2) \$2.95

BREAKFAST POTATOES \$4.50

with jalapeños and cheddar

FRESH FRUIT \$3.00

TORTILLAS (2) 50¢

JOIN US FOR
BRUNCH

11AM - 3PM

SATURDAYS
& SUNDAYS